



# **FROZEN FOOD EXPRESS**

*Refrigerated Transportation Solutions for Over 65 Years*

FFE Transportation Services, Inc. 2021 Sustainability Plan and Procedures

## **Sustainable Trucks**

FFE's fleet of over 1,000 tractors and 1600 trailers are among the youngest in the industry. With an average age of just 24 months for tractors and 36 months for trailers, our equipment is rotated and replaced respectfully at 36 and 60 months. FFE utilizes the most fuel efficient and sustainable equipment the market currently offers. Our tractors and trailers are designed to be aerodynamic to decrease fuel usage.

FFE utilizes low rolling resistance tires which reduce friction between the roadway and the tire to decrease fuel consumption, coupled with tire pressure monitoring systems to monitor tire pressure. Tires that have the correct tire pressure are more fuel efficient.

FFE's diesel engines are more fuel efficient than gasoline engines. Today, diesel engines produce 60 to 99 percent fewer emissions than earlier versions of diesel engines.

## **Sustainable Driving**

Truck drivers are a key part of FFE's sustainability in the trucking industry. Our drivers are routinely trained, tested and managed on their driving practices. Through education and systems management, FFE's drivers are educated on past and current driving habits such as hard start, hard stop, average miles per gallon and idle time

FFE's tractors are governed at a speed that maintains safe and responsible driving, but not maximum, so that the average speed saves on fuel consumption.

Minimizing idling time can increase fuel efficiency. An idling truck can consume approximately one gallon of fuel per hour. In addition to fuel consumption, FFE's tractors are programmed to reduce and minimize idle time which also has a positive impact on air and noise pollution.

## **Sustainable Supply Chain**

In order to have a sustainable supply chain, FFE routinely plans and communicate goals to all members of our company both driver and non-driver alike on a weekly basis. By evaluating our current supply chain to examine how sustainable it is and where improvements can be made, recommendations and adjustments in electricity and fuel usage for refrigeration are a common practice. FFE has implemented energy-efficient lighting at our 17 warehouse facilities to improve sustainability. In addition, recycling programs and shifting transportation modes are a common practice of FFE to improve our overall sustainability.